

Anonymous Non-Medical Counseling and Peer Support Technology Integration and Existing DoD Non-Medical Counseling Programs

It is the sense of Congress that a significant percentage of service members who need mental health support do not seek it due to barriers including stigma and perceived risk of impact on careers.

The DOD shall evaluate the practicality and potential benefits of integrating existing DoD non-medical counseling programs such as Military and Family Life Counseling MFLC and Military OneSource with 100% anonymous, non-DOD, nonmedical, clinical and peer support telehealth platforms in use today designed to overcome these barriers. The Department shall provide a briefing to Congress on this evaluation no longer than 120 days after the passage of this Act. Such briefing shall include data and insights on current utilization of existing non-Medical DoD programs, levels of funded clinical capacity unused, the latest Department research of those likely to need support yet choosing not to engage with care and the practical challenges of integrating programs such as MFLC with anonymous, non-DoD, nonmedical clinical and peer support programs.